



Moses

By Rachel Gotobed

Throughout his life Moses goes on some momentous journeys, but wherever he finds himself God is with him. As we journey through life we can be sure that God is always with us too.

Activity time

Try these activities and see if you can start guessing what might happen in our story today. If you can't get exactly these materials, just see what you can find around the house instead!

1 Baby in a basket



You will need: cereal (such as Rice Krispies, Cornflakes or Shredded Wheat); chocolate; baby sweets or marshmallows; cupcake cases

Melt the chocolate in the microwave and mix in the cereal. Spoon into the cake cases and add a baby-shaped sweet to represent Moses, or make him out of marshmallows. Leave to set.

Talk about what is needed to keep a baby safe on a journey – a car seat, pram or pushchair. When he was a baby, Moses' mother wanted to protect his life so she put him in a basket and carefully hid it in the reeds on the River Nile, where he was found by the Pharaoh's daughter. How does it feel to know that as we journey through life, God is our protector?

2 Burning bush

You will need: clear cups; glue; strips of red, orange and yellow tissue paper; marker pens; battery tealight candle (optional)

Spread glue all over the inside of the cup and then press tissue paper strips on to make flames. You can add a battery tealight candle to make it light up. Write on the outside of the cup, 'Here I am', which is what Moses said to God at the burning bush.

Talk about how you would feel if you saw a burning bush. Do you think God still speaks to us today? In what ways?

3 Sand footprints



You will need: card; pens; glue; sand

Draw around your foot on a piece of card. Cover with glue and then sprinkle with sand. Write: 'God is with me wherever I go.'

Talk about how it feels to walk in the sand. Can you imagine what it was like for Moses and the Israelites to walk through the desert? What dangers do you think they faced?

4 Parting the Red Sea

You will need: lolly stick or disposable spoon; marker pen; tissue paper; elastic band; shallow dish of water; black pepper; small bowl with washing-up liquid

Draw a face on the lolly stick/spoon with a marker pen. Make a simple outfit from the tissue paper and secure with an elastic band.

Add a thin layer of pepper to the dish of water. Dip the end of your Moses into the small bowl of washing-up liquid. Then dip Moses into the dish with the black pepper and see what happens!

Talk about how the black pepper immediately moves out to the sides of the bowl, a bit like the parting of the Red Sea. How do think Moses and the Israelites felt when they arrived at the Red Sea? And how did they feel after God parted the waters and they were able to walk safely through?

Celebration

Tell the story of Moses in the style of *We're Going on a Bear Hunt*. Try making up your own actions.

Moses on a journey

Moses in a basket
Hidden in the river
Is he safe?
Uh oh!
Princess bathing in the water
Hears baby Moses crying
Sister gets his mother
Oh yes!
Don't worry, Moses.
God is with you, God is with you, God is with you.

Moses flees from Pharaoh
Goes to live in Midian
Is he safe?
Uh oh!
Sees a bush on fire
Has to take his shoes off
God says, 'Go back to Pharaoh!'
Oh yes!
Don't worry, Moses.
God is with you, God is with you, God is with you.

Moses visits Pharaoh
Says, 'Let my people go!'
Is he safe?
Uh oh!
Pharaoh keeps saying, 'No'
God sends ten plagues of woe
Pharaoh says, 'You now can go!'
Oh yes!
Don't worry, Moses.
God is with you, God is with you, God is with you.

Moses leads the people
Walking through the desert
Is he safe?
Uh oh!
Red Sea lies before them
Pharaoh's men behind them
God's power parts the waters!
Oh yes!
Don't worry, Moses.
God is with you, God is with you, God is with you.

Sometimes we hear people talk about life as being like a journey – taking many different roads and turns along the way. In the story of Moses, we see how God is with him throughout the many journeys of his life – always guiding and protecting him and the people of Israel. Like Moses, we too can be sure that God is with us as we journey through life.

Listen and sing along to [All through history](#) (Nick & Becky Drake).

Finish by saying the Prayer of St Patrick together:

Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ when I lie down,
Christ when I sit down,
Christ when I arise,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.

You could finish by saying the [Lord's Prayer](#) and the [Messy Grace](#).

Mealttime

When we go on a journey, we often take a packed lunch with us. You could make a pack-up picnic and have it in the garden or take it to a local park.