## Messy Church @ Home No 17



### **JOY**

**John 15.11** These things I have spoken to you, that my **Joy** may be in you, and that your **Joy** may be full. <sup>12</sup> "This is my commandment, that you love one another as I have loved you". *The Message* 

**Luke 15 4-7** "Suppose one of you had a hundred sheep and lost one. Wouldn't you leave the ninety-nine in the wilderness and go after the lost one until you found it? When found, you can be sure you would put it across your shoulders, rejoicing, and when you got home call in your friends and neighbours, saying, 'Celebrate with me! I've found my lost sheep!' Count on it—there's more **Joy** in heaven over one sinner's rescued life than over ninety-nine good people in no need of rescue". *The Message* 

**Galatians 5 22-23** "But the fruit of the Spirit is love, **joy**, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control". *NIVUK* 

This is the last week on the summer term and I am looking forward to the summer holidays with JOY and excitement. All those lovely days in front of us, seeing family and hopefully being out in the countryside and by the seaside if we are lucky in these very strange times. We have the freedom to do what we like.

I try to be Jesus' friend; I am going to try every day to choose to let the Fruits of the Spirit be with me all the time. Be kind and show love to my family celebrating with JOY all that is around us. I hope you all have a wonderful holiday full of the inner Joy that being Jesus' friend gives us.

# Sing and listen to a song / story Fruits of the Spirit Music Video – Go Fish



Please watch this song and listen to the words about the Fruits of the Spirit. It explains what it means to change and let Jesus' Spirit walk with us during our ordinary lives and change lives by what we do.

https://www.youtube.com/watch?v=JdkUb2YVWj8 by mookidcity

Please push the arrow or copy and paste into your favourite search engine

#### 2. Prayer Time.

During the summer holidays and forever

May I have joy in my heart,

May I have Joy in my life,

May I bring joy to other,

May I spread **joy** throughout the world. Amen

The Lion book of 1000 prayers

#### 3. Thinking Activity --- 3 things to think about while you go for a walk

- All the things that give you Joy.
- Your friends and what makes them a good friend and how much Joy do they give you?

• Try thinking about what **Joy** you get from having Jesus as a friend?

#### 4. Crafts

- Painting is one of the things that has been proved to make one feel happy or joyful.
- **How to.** Find paper and paints and paint something anything. Just have a go.



**Why.** God fills us with **JOY** when we ask him into our lives. If we just pick up a paintbrush and let him direct our thoughts and brush we will have fun!! I have put my picture on a window of my house which backs onto a walking route. I hope it will bring JOY and possible laughter to all who pass. Adults can have fun with paints!!



• Make a kite. We made Kites at a Messy Church a few years ago. This time I had a go using the numerous sites on the net for inspiration.

**How To.** Look at the suggestions online as to how to make a craft kite. Some are delightful and make cats faces and they look great. These will keep many of those who just like crafting happy. I like to make things that work. So, I did my own thing and used:-Sticks that bend to increase the chance, I thought, of flight.



Plastic bin bag that was light as I thought birthday paper could be too heavy and tissue paper might tear if it were quite

windy.

- b) Staples to hold the plastic around the thread
- c) Crepe paper for the tails which I understand are essential.
- d) Painted Joy in yellow with sparkly glue.
- e) Tied the string on as instructed by one of the websites.

All this looked great and I was delighted and full of **JOY** as I had enjoyed the making of the Kite.

Why.

Flying a kite in the summer breeze is one of my favourite things. I asked the



Holy Spirit to help and we had a wonderful afternoon full of **Joy** and patience as we built the Kite. You need to be gentle with kites if you want them to work.

I think I got the tying of the string a little wrong so the utter joy of it flying briefly was followed by the kite descending to the ground rapidly.

I will try and try again and with help it will fly. The utter **Joy** as my heart leap as it flew is the same feeling that I get when I ask Jesus into my life each day.



5. Prayer time. When you are out and about during the summer holidays try and practice the Lord's Prayer with the actions? I am going to try because I always get my hands going in the wrong direction!! Hopefully, I will be better at it next Messy Church.

Our Father in heaven (point up with one hand and keep it up).
Hallowed be your name (point up with the other hand so both hands are raised).
Your kingdom come (as you are speaking, bring your hands across your body, crossed in front of you, and then let them spread out to either side) your will be done (continue the movement till your arms are open wide), on earth (turn hands palms down) as it is in heaven (turn hands palms up).

Give us today our daily bread (bring your hands together like a bowl in front of you). Forgive us our sins (wipe one hand across the other twice as if wiping away dirt) as we forgive those who sin against us (turn hands over and repeat the action four times in a rhythm with the words).

Lead us not into temptation (clench a fist and place one arm firmly against your chest)
But deliver us from evil (clench the other fist and cross that one against your chest).
For the kingdom (open arms wide again) the power (make a 'strong man' pose with clenched fists) and the glory (make a full circle with your hands as high as you can to as low as you can in front of your body) are yours (push out arms forwards)
now (indicate the start of a 'timeline' with your left hand) and forever (continue the timeline over to the right with a spiralling 'on and on' movement with your left hand).

Amen (Finish with both arms up again and a high clap).

6. Sing and Dance to.



The Joy, Joy, Joy down in my heart

https://www.youtube.com/watch?v=imK7pAMf61E&t=28s By Listening Kids

Please push the arrow or copy and paste into your favourite search engine

Challenge of the week. If you take some greaseproof paper stick it on a square hole,



Samaritan 2) or a cardboard box. Find a powerful torch or a lamp, and the luminaire theatre is ready to give JOY to your audience. I used the Hey Diddle, Diddle kidspot au com (see below) on black card. It wasn't just the cat and the fiddle that were laughing. Please have fun this summer holiday.

I hope you will have time to have a meal together after this Messy Church @ Home session.

Messy Grace May the grace of our Lord Jesus Christ (Hold out your hands as if expecting a present) And the love of God (Put your hands on your heart) And the fellowship of the Holy Spirit (Hold hands) be with us evermore. (Hands up in the air) Amen.



